

**Supplies needed**

- Four squares of fabric, each measuring 6 inches by 6 inches. Fabric should be flannel, fleece, terrycloth or corduroy. Squares can all be from the same fabric or different
- Matching thread, if desired
- 1 cup uncooked rice
- Small funnel
- Hexagon pattern piece

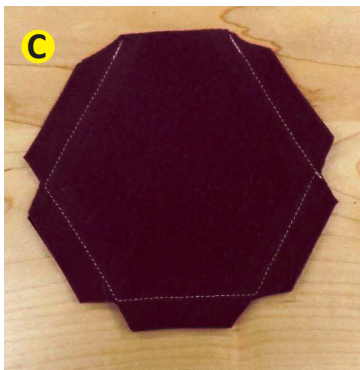
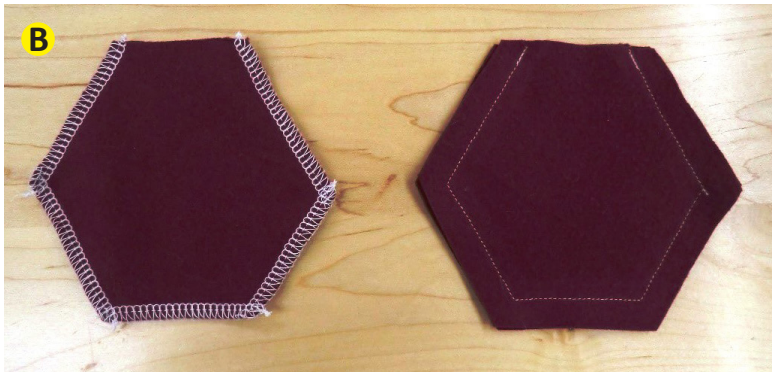
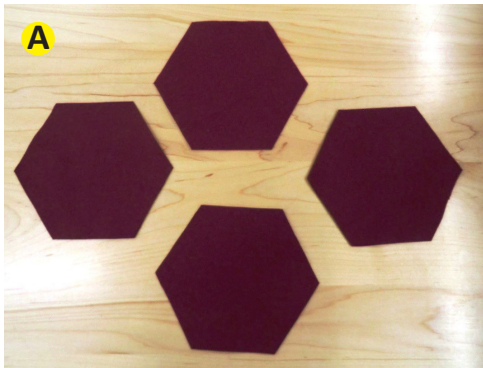
**Directions for one hand warmer:**

1. Use hexagon pattern piece to trace and then cut four hexagons from your fabric squares. **(A)**
2. Place two hexagons together, right sides together, corners lined up. Pin in place.
3. Using ½-inch seam, serge or sew around five of the six sides, leaving the sixth side open. **(B)**

**Sewing machine:** Sew all five sides in one continuous seam, pivoting at corners and backstitching at beginning and end of seam. Trim the corners. **(C)**

**Serger:** Knot and trim seam ends.

4. Turn hand warmer right side out and press.
5. On unfinished sixth side, fold the seam allowances to the inside and press. **(D)**
6. Use funnel to carefully pour about ½ cup rice into the hand warmer, making sure to leave enough space to sew it closed.
7. Hand stitch the sixth side closed using a tight (small) stitch, keeping seam allowance folded under.
8. Repeat for second hand warmer.

**To heat finished hand warmers:**

Warm in the microwave on high for 30 seconds to 1 minute. Microwaves vary, so time adjustments may be necessary. Take care; they can get quite hot.