

***Braiding Sweetgrass* by Robin Wall Kimmerer**

Discussion questions from Inspired Epicurean

1. What were your thoughts on the structure of the book and the metaphor of sweetgrass' life cycle?
2. What did you think of Robin's use of movement as metaphor and time?
3. Did you note shapes as metaphor throughout the book?
4. Was the use of animals as people in various stories an effective use of metaphor?
5. How has this book changed your view of the natural world and relationships?
6. What about the book resonated the most with you?
7. How do you feel community strength relates to our treatment of the environment? What are ways we can improve the relationship?
8. How has your view of plants changed from reading this chapter? Do you consider them inanimate objects?
9. Does your perception of food change when you consider how food arrived at your table; specifically, a forced removal vs. garden nurturing?
10. How can we refrain from interfering with the sacred purpose of another being?
11. Did you Google any concepts or references? If so, which terms or phrases?
12. Which were the most and least effective chapters, in your opinion?
13. What concepts were the most difficult to grasp, if any?