

***Miss Cecily's Recipes for Exceptional Ladies* by Vicky Zimmerman**

Discussion questions from the publisher

1. Characterize Kate and Cecily's friendship. Have you ever had a friend like Cecily?
2. This book is full of delicious food. Discuss the meals that sound most appealing to you. Do you think you'll try cooking any of them?
3. After everything he puts her through, do you think Nick truly loves Kate? Why or why not?
4. When she goes through difficult times, Kate often relies on food for comfort. To what extent do you think this is a good thing? Can it be detrimental?
5. Discuss the ways that Cecily and Kate help each other. What do they each get out of their friendship?
6. Think of an occasion that's important to you and design a meal around it. What would you make and why?
7. While Kate, Bailey, and Cara are all friends, they each approach romance differently. Discuss what each woman looks for in a relationship and how they act once they're in one. How are they different? Are they similar in any way?
8. Describe Nick and Kate's relationship. What were its flaws? Was there anything good about it?
9. Kate's favorite hobby is cooking—her passion for food brings her joy and fulfillment. Do you have any hobbies like this?
10. Do you think Martin's explanation for standing Kate up is an honest one? Why do you think she didn't want to go out with him again?
11. Cecily led an adventurous life, full of love, sorrow, and growth. Why do you think she chooses to spend her last years confined in a bedroom?
12. Did you view Cecily in a different light after learning her life story? In what way?
13. Multiple people tell Kate that Nick isn't good enough for her, but she can't see it. Why do you think it took her so long to realize she deserves better? Put yourself in Kate's shoes. Would you have stayed as long?
14. At the end of the story, Kate has started dating Ben. Do you think they'll live happily ever after?